

Take-Home Bottles



Brandywine Counseling & Community Services (BCCS) provides take-home bottles based on your stability to manage unsupervised (take-home) medication. BCCS uses objective indicators and a client-centered **Take-Home Bottle Stability Index**. The number of take-home bottles you're stable to manage is determined by your score on the Take-Home Bottle Stability Index.

For current OTP clients, your initial assessment of stability to manage take-home bottles will be completed between April and June by a provider or counselor. Stability will be reassessed at your next 6-month follow-up or annual physical and will continue to be reassessed every 6 months after that at your 6-month follow-up or annual physical.

New clients are assessed approximately 30 days after intake and then reassessed at 6-month follow-ups and annual physicals.

Take-home bottle stability assessments may also be necessary following certain events or situations that may indicate a change in your stability to manage unsupervised medication. Following these events or situations, your number of take-home bottles may be modified until an additional take-home bottle stability assessment is completed.

Following administration of the Take-Home Bottle Stability Index, the number of take-home bottles you're provided may be adjusted based on any increase or decrease in your stability to manage unsupervised medication.

Depending on the Take-Home Bottle Stability Index score, you will be provided from 1 to 27 take-home bottles.

Objective indicators used to determine stability to manage take-home bottles include:

- Having a lockbox for take-home bottles
- Mental status that affects your stability to manage unsupervised medication.
- Incidents of medication diversion, including selling or sharing your take-home bottles, and/or legal charges related to medication diversion
- Drug screens positive for illicit substances or unprescribed medications and/or drug screens that are negative for the methadone metabolite EDDP
- Evidence of tampering with drug screens
- Not giving a drug screen when requested (called an unable to obtain drug screen or UTO)
- Positive blood alcohol content (BAC)

- Responding to medication callbacks
- Instances of returning fewer take-home bottles than expected and/or running out of take-home bottles early (including reporting medication lost or stolen)
- Threatening or violent behavior at or around BCCS property
- Overdose and/or risk of self-injurious behavior/suicidal ideation
- Restarting methadone after 3 or more missed consecutive doses and/or multiple missed doses of medication (even if not consecutive)
- Unexpected or unusual results from the Prescription Monitoring Program (PMP)
- Attending counseling sessions
- Medication safety and effectiveness considerations during the 3rd trimester of pregnancy
- Stability of your living situation and your ability to keep your take-home bottles secure

Take-Home Bottle (THB) Stability Levels are as follows:

THB Stability Level 1	Eligible for Sunday take-home bottles (+ holiday bottles)
THB Stability Level 3	Eligible for 3 take-home bottles (+ holiday bottles) <i>These bottles may or may not be on consecutive days</i>
THB Stability Level 4	Eligible for 4 take-home bottles (+ holiday bottles) <i>These bottles may or may not be on consecutive days</i>
THB Stability Level 6	Eligible for 6 take-home bottles (+ holiday bottles)
THB Stability Level 14	Eligible for 13 take-home bottles (+ holiday bottles)
THB Stability Level 28	Eligible for 27 take-home bottles (+ holiday bottles)